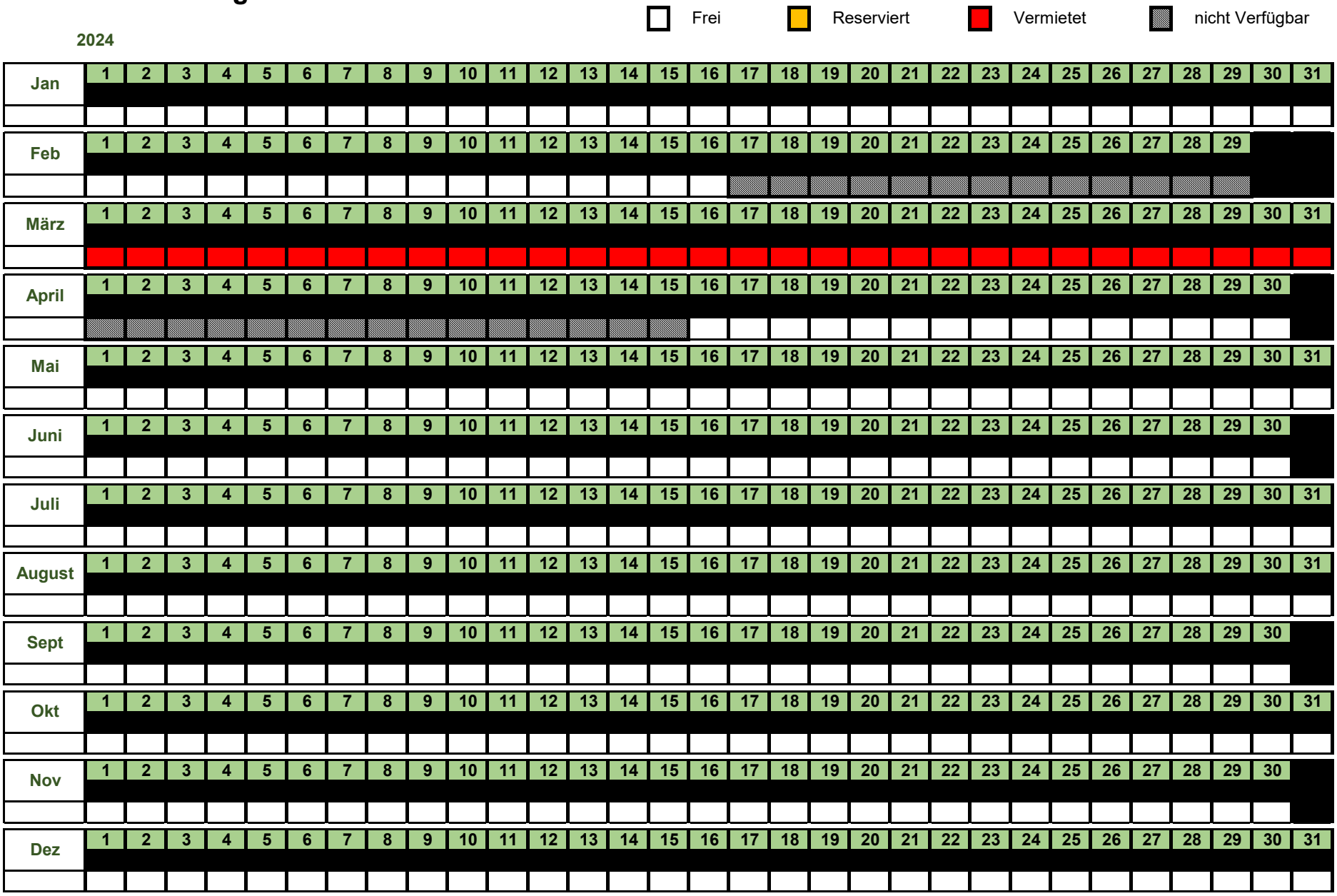Birth Alarm Verfügbarkeit